

This is the **first**  
and most important  
thing:

Do not listen  
to naysayers.

Do not listen  
to doubters.

Listen to your heart  
and your desires.

Remember this...

**YOU ARE  
NOT MAD.**

Many thousands of  
people make their  
living as actors.

**YOU CAN TOO.**

# Drama School

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The number of people applying for drama school is huge. Don't waste your time or energy comparing yourself to anyone else that you may meet when auditioning. Try to relax. Remember, the schools do NOT have an agenda or type. They want to see YOU.

## Take the pressure off yourself.

Of course, you desperately want to get in, but if you don't, you have a year to enjoy life, grow a bit and then try again.

It's not called '**drama** school' for nothing. Believe me, if you go, you will witness more dramas than you can ever imagine!



## The Perfect Audition Scenario

Imagine this. You arrive at an audition and the casting director, director and producer say to you:

'We're going to film your audition, but please know that we want you to be as good as you possibly can be. So take as long as you want – in fact, you can have as many goes at it as you need, it's important to us that you're happy. Also, to stop you feeling nervous, we'll all step out, so you can relax and give it your best shot without the pressure of us watching you. Seriously, take your time. We have the room all day. We'll also let you look at all the takes and then you can decide which version we ultimately use. Okay? When you're ready and feel we're seeing the best you've got, give us a shout.'

That would never happen, right?

Sounds ridiculous?

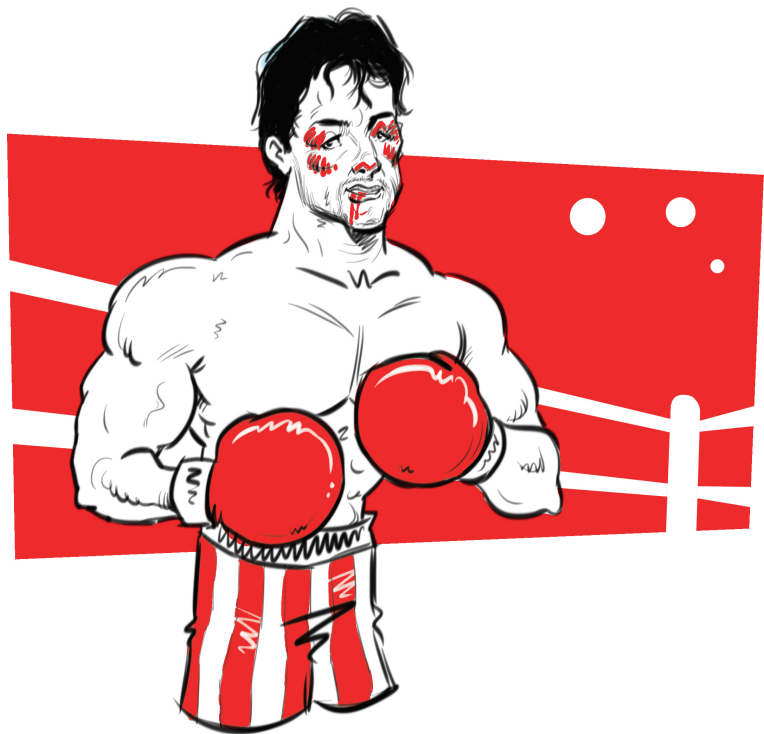
That's exactly what a self-tape is.

## Self-taping

Self-taping has revolutionised auditioning. Like it or not, it is here to stay. Whilst it has definitely made auditioning a little impersonal, there are **many upsides to it**. Focus on those and only those.

- You can give exactly the performance you want.
- You can light it any way you want, so you look your best.
- You can have as many goes as you want.
- You don't have to spend money travelling to the audition.





“Every champion  
was once a  
contender that  
refused to give up.”

Sylvester Stallone



# Social Media



Over the past few years, social media has become a force to be reckoned with. There is no doubt that having followers on various platforms is potentially useful, but it is easy to betray yourself in the pursuit of them.



Don't use social media simply to show off about your work. Remember, many actors are struggling; your humble-brags will hurt them.



Don't tweet pretending that working is a drag:



It's hateful showing-off and everyone can see through it.

Be very careful. Anything you put on social media is in the public arena. Strong opinions can come back to bite you. It is there forever. Think before you post.

Of course, you can use social media to promote and advertise your work, but do it considerately and sincerely. #dontbeatwat.

